

Diabetes in Pregnancy

Maintaining normal blood sugar levels during pregnancy



Highlights:

- All equipment, supplies and insulin included and delivered to the patient's home
- Dosing and adjustment according to Optum protocol or provider parameters
- Frequent monitoring and clinical evaluation
- Customized and culturally sensitive meal plans
- Compliance monitoring
- 24/7 access to OB RN support
- Weekly clinical reporting

Benefits:

- Reduces risk of maternal and newborn complications
- Timely interventions/insulin adjustments
- Reduces office calls and after-hours contacts from patients
- Eliminates need for insulin reorders
- One-on-one support from a diabetes specialized OB RN empowers patients and reinforces education

Clinical criteria:

- Patient would benefit from additional support and resources for tight glycemic control
- Glucose out of range with diet and/or oral agent

2 services available:

- Insulin injection
- Insulin pump

Outcomes*:

- 97.7% compliance rate in participant blood glucose testing**
- 16.6% reduction in fasting blood glucose >95
- 27.3% reduction in PPBG 2 hr ≥ 120
- 38.6% reduction in PPBG 1 hr ≥ 140



To prescribe this service for a patient, complete the **Prescription Form.**

* A descriptive analysis of 312 patients receiving Diabetes in Pregnancy services.

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** Non-compliance based on participants with no recorded readings on 3 or more consecutive days